You can use HSAs and FSAs to pay eligible health care and dependent care expenses with tax-free dollars.

	HSA Must be enrolled in the Choice Value Plan or Choice Savings Plan.	Health Care FSA Must be enrolled in the Standard PPO, Select ACO or Kaiser HMO plans.	Limited Use Health Care FSA ¹ Must be enrolled in the Choice Value Plan or Choice Savings Plan.	Dependent Care FSA No plan required.
Money from Air Liquide	\$500 (individual); \$1,000 (family) Only if you are enrolled in the Choice Savings Plan.	No	No	No
The Basics	You own the account, and the money stays with you when you retire or leave Air Liquide.	Use it or lose it! The money in this account doesn't roll over year to year, and you must spend it in 2021.	Use it or lose it! The money in this account doesn't roll over year to year, and you must spend it in 2021.	Use it or lose it! The money in this account doesn't roll over year to year, and you must spend it in 2021.
The Uses	Medical, dental and vision expenses	Medical, dental and vision expenses	Dental and vision expenses	Dependent care expenses
The Limits ⁴	\$3,600 (individual) ² \$7,200 (family) ² Includes company contributions	\$2,750	\$2,750	\$5,000 ³
Investment Options	Yes Account balances over \$1,000 can be invested to earn tax-free interest and be used tax free.	No	No	No
Worth Noting	Earn up to \$250 (individual); \$500 (family) by completing Healthy Elements activities.	Your entire contribution amount is credited to your account and is available to use Jan. 1.	Your entire contribution amount is credited to your account and is available to use Jan. 1.	You pay out-of-pocket and request reimbursement for eligible expenses.

1 Available if you are enrolled in the Choice Value Plan or Choice Savings Plan, though you must spend the money in this account in 2021 or you lose it.

 $3\quad \$2,\!500\,\text{if married and filing a separate federal tax return.}$

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 $4 \quad \mathsf{FSA} \, \mathsf{limits} \, \mathsf{are} \, \mathsf{subject} \, \mathsf{to} \, \mathsf{adjustment} \, \mathsf{for} \, \mathsf{2021} \, \mathsf{by} \, \mathsf{the} \, \mathsf{IRS}.$

2 If you're age 55+ in 2021, you can make an additional \$1,000 catch-up contribution to your HSA.