Spending Accounts

Save With an FSA

With Health Care and Dependent Care FSAs, you set aside pre-tax money to help pay for eligible expenses.

You can participate in a:

- Health Care FSA if you are enrolled in the Standard PPO, Select ACO or Kaiser HMO plans
- Dependent Care FSA if you have eligible dependents

	Health Care FSA	Dependent Care FSA
How much you can contribute ¹	Up to \$2,750	Up to \$5,000 (\$2,500 if married and filing taxes separately)
What can you use the funds for	Medical, prescription, dental and vision expenses for you and your dependents	Childcare expenses for children under 13 and elder care expenses for adults who can't care for themselves
When funds are available	Immediately	As funds accumulate in your account
What happens to unused money	You lose money you don't use by the end of the plan year.	You lose money you don't use by the end of the plan year.
When to use funds	By Dec. 31, 2021	By Dec. 31, 2021
When to submit claims	By Mar. 31, 2022	By Mar. 31, 2022

¹ Subject to adjustment for 2021 by the IRS

Keep Your Receipts

You may be asked to verify that an expense was eligible. If you can't, you'll be required to reimburse your account or the amounts in question may be reported as taxable income to you.

Limited Use Health Care FSA

If you enroll in the Choice Value Plan or Choice Savings Plan, you are allowed to contribute to a Limited Use Health Care FSA for eligible dental and vision expenses. While permissible, contributions may be better placed in an HSA, which has the same tax advantages and no "use it or lose it" rule. You must enroll if you want a Limited Use Health Care FSA in 2021.

You Must Enroll

You must enroll in order to make FSA contributions in 2021. Your current election won't roll over to next year.