



Welcome to Your 2019 Air Liquide Wellness Program

Healthy today, tomorrow, and for life! Air Liquide wants you to be your best. By maintaining or improving your health you're committing to being the best version of yourself, at work and at home. The following guide explains the 2019 wellness program participation details and encourages you to engage in the tools offered at assethealth.com/airliquide. All Air Liquide employees are eligible for the incentive. All spouses are eligible to participate but are not eligible for the incentive.

Get Started! Complete Your Incentive Requirements by Nov. 15, 2019

By completing these two requirements, you will earn your incentive:

1. Online Health Assessment (HA)
2. Biometric screening

Complete your biometric screening either:

- Through LabCorp and fill out a LabCorp voucher form available on the wellness portal
- Visit your doctor and fill out a physician form available on the wellness portal
- Or attend an on-site screening

Incentive Details

HSA Plan Participants:

Employee incentive: \$500 single, \$1,000 family

Spouses in the HSA plan must complete their HA + biometric screening for the employee to be eligible for their incentive.

PPO/ACO/Kaiser Participants and Waived Coverage:

Taxable Cash Payment: \$500 cash

Better Your Wellbeing With These Exciting Resources

The Asset Health wellness portal has exciting resources available for you to complete to not only earn points toward your Employee Recognition Program, but to improve your overall wellbeing. These resources include:

- Wellness Challenges – 50 points per completed challenge
- Knowledge Management Online Courses
- Physical Activity Reporting (Steps, Minutes, Strength, Stretching)
- Daily Mini Challenges
- Posts on the Why Wall
- Missions and Health Goals
- Virtual Grocery Store
- *And more!*

Get started today by logging in to assethealth.com/airliquide.

First-time users, your login credentials are as follows:

Username: First initial + last name (e.g., jsmith)

Password: Date of Birth (mmddyyyy)

Please Note: After your first login, you will be asked to change your username and password.