

YOUR
CONNECTION TO
HR & SAFETY NEWS

SPECIAL SAFETY EDITION



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Maintaining Our Safety Culture

Safety is a top priority at Air Liquide. We continually review and evaluate our processes and safety programs to ensure our employees, customers and the communities we serve remain safe and well. This is what makes our safety program among the best in our industry.

Air Liquide's commitment to safety is the focus of this special edition of the Empowering You newsletter. But for us, safety is more than just good intentions and talk — it's a value. And, while priorities can change day-to-day, values don't. Safety is a part of our DNA at Air Liquide.

At Air Liquide, it's not just our products, processes and services that are world class, but our safety program as well. The behaviors required to achieve a safety culture — ownership, discipline, accountability, respect and pride — are many of the same needed for a successful business. To remain a safety leader, we need to stay diligent and focused by following procedures, practicing preventive measures and always looking for ways to improve.



"Safety is vital to our organization. From the field to headquarters, each of us must take an active, thinking role in observing our everyday habits to identify what is working, as well as what is not."

— John Buckley, CEO of Air Liquide USA LLC

"When you look at our metrics compared to the industrial gas industry, we are in the top of the pack, but you can't just go by the numbers. You know it when you see it. We have the potential to be so much better and that is where we are going. When you ask who is the leader in safety in our industry I want them to be able to say Air Liquide."

— Jim Bayer, Vice President HSES, Air Liquide USA LLC















Workplace Safety

Information

During an emergency, such as severe weather, call the Air Liquide Information Hotline at 1-800-364-2444 (toll-free) or 1-713-624-8400 for the latest information. The Hotline is updated as-needed during any event or potential risk that may affect our employees and business operations.

On the Road Safety Tips for Commercial Truck Drivers

If you're one of Air Liquide's many truck drivers, we know the front seat of your truck doubles as your office and making sure our products are delivered from point A to point B safely is a heavy load to carry. Follow the below tips to ensure you're keeping safety our top priority.

- 1. Buckle up! It is your last line of defense.
- Pre-inspect the condition of your vehicle before and check for load securement. Maximize the vision around your truck with properly adjusted mirrors; be sure your mirrors are properly set and clean.
- 3. Obey speed limits and traffic signs. Excessive speed reduces your ability to avoid a crash, extends your vehicle's stopping distance, and increases the severity of a crash when it occurs. Slow down in bad weather and upon first sight of construction zones.
- 4. Maintain a safe following distance. Follow other vehicles at a safe distance and make sure to constantly check your mirrors.
- **5. Make only safe and necessary lane changes.** Pick a lane and stay in it for as long as possible. Lane changes increase one's risk of an accident.
- Minimize distractions or activities that can take your eyes off the road.
- 7. Never drive under the influence! Watch out for other motorists whose driving behavior suggests they may have been drinking.
- **8. Get enough sleep.** Sleep deprivation and fatigue can cause lapses in attention, slowed awareness and impaired judgment.

Keeping Connected In a Crisis

Air Liquide's Emergency Notification System is a web-based process to inform you of developments when an emergency unfolds, such as a hurricane, flood, black-out or other situation. Using this tool, we can send messages to each of the personal telephone numbers, e-mail addresses and emergency contact numbers in your profile until the system reaches you or your emergency contact.

How it Works

When we issue a notification, you receive a message via e-mail and/or a phone call. Pay careful attention to the message and take appropriate actions to ensure your safety, and then respond to confirm you have received the message. The notification system may continue to reach you until a receipt request is received. All notifications and updates will be accessible by calling the **Air Liquide Information Hotline** at **1-800-364-2444** or **1-713-624-8400**.

Can We Reach You?

Go to eHR and update your personal information to ensure our system can reach you during an emergency situation.



Effective Ergonomics

What is Ergonomics?

Ergonomics is the science of designing and using objects in a way that allows people to interact with their environment, often their workplace, efficiently and safely. Ergonomic-related injuries often build up over time, causing only minimal symptoms at first but gradually become more severe and sometimes permanent.

How to Identify Potential Problems

If you experience any discomfort while working or after leaving work, such as aches, pains, eyestrain, headaches, muscle fatigue and tension, decreased range of motion, lower gripping strength, loss of muscle function, or difficulty performing everyday tasks, take note and report back to your supervisor to make changes.



to Reduce Ergonomic Risks

- 1. Take time to identify risks in your own work environment
- 2. Rearrange your work area to reduce strain
- 3. Keep your work in front of you and within your normal field of vision
- 4. Avoid frequent or prolonged rotation
- **5.** Keep objects you are working on at or below eye level to avoid straining your eyes
- 6. Use proper technique when lifting heavy objects
- 7. Sit with comfortable posture
- 8. Take frequent breaks and stretch

Pension Plan Enhancement

Air Liquide has enhanced our retirement program with updated tools, a new payment option and more educational opportunities.

You now have:

- A new lump sum distribution option
- Updated pension benefit modeler

Go to www.alhrconnect.info to learn more!

Nurseline is Available 24/7

Should you go to the Emergency Room? Have a question about your medications? Registered nurses are available to assist you 24 hours a day, seven days a week through NurseLine at **1-800-846-4678**. NurseLine can help you:

- Understand treatment options
- Ask medication questions
- Choose appropriate medical care
- Locate available local resources
- Find a doctor, hospital, or specialist

There's an App for That: T. Rowe Price



Stay connected to your investments while on the go using this free, fully optimized app. Simply download and log in using your current T. Rowe Price user name and password to view your account balances, mutual fund transactions and more!

Three Ways to HR Connect

HR Connect is your "on-the-go" source for human resources and safety information. It can be accessed using your smartphone, tablet or PC three ways:

1. Go to www.alhrconnect.info



2. Use your mobile device to scan the QR code



3. Download the Web app. Go to www.alhrconnect.info from your mobile device, select Options and add to Home Screen







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Learn About Workplace Safety at Air Liquide!



Air Liquide 2013 Health and Safety Fair

Don't wait! Make plans now for you and your dependents to attend Air Liquide's 2013 Health and Safety Fair coming to a location near you!



Step 1: Register to attend at www.metlifeplansmart.com/index.asp

Step 2: Call **1-866-449-9705** to register for your biometric screening

Featuring:

- Free flu shots*
- Vendor information booths
- Biometric screenings
- Benefit plans overview
- Health coaching
- Children activities*
- Safety challenge
- Door prizes, give-aways and more
- * Offered at select locations.





Date	Location	Time
Saturday, August 10	Baton Rouge, LA	9 AM-2 PM
Saturday, August 17	Houston, TX	9 AM-2 PM
Saturday, September 7	Dallas, TX	9 AM-2 PM
Tuesday, September 10	Fremont, CA	9 AM-2 PM
Thursday, September 12	Santa Fe Springs, CA	9 AM-2 PM
Tuesday, September 24	Newark, DE	9 AM-2 PM
Thursday, September 26	Plumsteadville, PA	9 AM-2 PM