

Summary of Benefits and Coverage: What This Plan Covers & What it Costs

Coverage for: Employee + Family



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.myuhc.com">www.myuhc.com</a> or by calling 1-800-964-8826.

Coverage Period: 01/01/2013-12/31/2013

Plan Type: PS1

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$400 Individual / \$800 Family Non-Network: \$1,200 Individual / \$2,400 Family Does not apply to copays, prescription drugs, and services listed below as "No Charge". Per calendar year.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Network: \$1,200 Individual / \$2,400 Family Non-Network: \$3,600 Individual / \$7,200 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premium, balance-billed charges, health care this plan doesn't cover, and penalties for failure to obtain pre-notification for services deductibles, prescription drugs and copays.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a network of providers?	Yes, this plan uses network providers. If you use a non-network provider your cost may be more. For a list of network providers, see <a href="https://www.myuhc.com">www.myuhc.com</a> or call 1-800-382-4264 for a list of network providers. See <a href="https://www.caremark.com">www.caremark.com</a> for a list of pharmacy providers.	If you use a network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your network doctor or hospital may use a non-network provider for some services. Plans use the term network, preferred, or participating for providers in their network. See the chart starting on page 2 for how this plan pays different kinds of providers.
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your policy or plan document for additional information about excluded services.



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- Co-payments (copays) are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- Co-insurance (co-ins) is *your* share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if the plan's allowed amount for an overnight hospital stay is \$1,000, your co-insurance payment of 20% would be \$200. This may change if you haven't met your deductible.
- The amount the plan pays for covered services is based on the allowed amount. If a non-network provider charges more than the allowed amount, you may have to pay the difference. For example, if a non-network hospital charges \$1,500 for an overnight stay and the allowed amount is \$1,000, you may have to pay the \$500 difference. (This is called balance billing.)
- This plan may encourage you to use network providers by charging you lower deductibles, co-payments and co-insurance amounts.

Common	Sorvices Vou May Need	Your cost if you use a		Limitations & Eventions
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$15 copay per visit	30% co-ins	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	\$30 copay per visit	30% co-ins	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	\$30 copay per visit of Spinal Manipulative services	30% co-ins of Spinal Manipulative services	Limited to 1 visit of Spinal Manipulative services per day. Covered up to 35 consecutive days per condition. Treatment will be reviewed for medical necessity at 35 days.
	Preventive care / screening / immunization	No Charge	10% co-ins	Includes preventive health services specified in the health care reform law.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	30% co-ins	None
	Imaging (CT / PET scans, MRIs)	10% co-ins	30% co-ins	None
If you need drugs to treat your illness or condition	Tier 1 – Your Lowest-Cost Option (Generic)	Retail: \$5 copay; Mail order: \$10 copay	Retail: \$5 copay	Provider means pharmacy for purposes of this section. Retail: Up to a 31 day supply Mail-Order: Up to a 90 day supply You may need to obtain certain drugs,



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Coverage Period: 01/01/2013-12/31/2013 Coverage for: Employee + Family Plan Type: PS1

Common	Services You May Need	Your cost if you use a		Limitations 9 Eventions
Medical Event	Services You way Need	Network Provider	Non-Network Provider	Limitations & Exceptions
More information about prescription drug coverage is available at www.caremark.com	Tier 2 – Your Midrange-Cost Option (Preferred Brand)	Retail: \$30 copay; Mail order: \$60 copay	Retail: \$30 copay	including certain specialty drugs, from a pharmacy designated by us Certain drugs may have a prenotification requirement or may result in a higher cost.  If you use a non-network Pharmacy, you are responsible for any amount over the allowed amount.  You may be required to use a lowercost drug(s) prior to benefits under your policy being available for certain prescribed drugs.  Tier 1 Contraceptives covered at No Charge.  See the website listed for information on drugs covered by your plan. Not all drugs are covered.
	Tier 3 – Your Highest-Cost Option (Non-Preferred & Others)	Retail: \$60 copay; Mail order: \$120 copay	Retail: \$60 copay	
	Tier 4 – Additional High-Cost Option (Specialty)	Specialty Drugs covered at Tier 2 or Tier 3 copays as applicable (Mail Order only)	Not Applicable	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% co-ins	30% co-ins	None
	Physician / surgeon fees	10% co-ins	30% co-ins	None
If you need immediate medical attention	Emergency room services	\$200 copay per visit, then 10% co-ins	\$200 copay per visit, then 10% co-ins	Copay is waived if admitted.
	Emergency medical transportation	10% co-ins	10% co-ins	None
	Urgent care	\$40 copay per visit	10% co-ins	If you receive services in addition to urgent care, additional copays, deductibles, or co-ins may apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$300 copay per inpatient stay, then 10% co-ins	\$300 copay per inpatient stay, then 40% co-ins	Pre-notification required non-network.
	Physician / surgeon fees	10% co-ins	30% co-ins	None



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Common	Sarvigas Vau May Nood	Your cost if you use a		Limitations & Eventions
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Limitations & Exceptions
If you have mental health, behavioral health, or substance abuse needs	Mental / Behavioral health outpatient services	\$15 copay per visit	40% co-insurance	Must receive prior authorization through the Mental Health/Substance Abuse Designee.
	Mental / Behavioral health inpatient services	\$300 copay per inpatient stay, then 10% co-ins	\$300 copay per inpatient stay, then 40% co-ins	Must receive prior authorization through the Mental Health/Substance Abuse Designee.
	Substance use disorder outpatient services	\$15 copay per visit	40%co-ins	Must receive prior authorization through the Mental Health/Substance Abuse Designee.
	Substance use disorder inpatient services	\$300 copay per inpatient stay, then 10% co-ins	\$300 copay per inpatient stay, then 40% co-ins	Must receive prior authorization through the Mental Health/Substance Abuse Designee.
If you become pregnant	Prenatal and postnatal care	\$15 Global Maternity copay	30% co-ins	Additional copays, deductibles, or coins may apply. Routine pre-natal care is covered at No Charge.
	Delivery and all inpatient services	\$300 copay per inpatient stay, then 10% co-ins	\$300 copay per inpatient stay, then 40% co-ins	Additional copays, deductibles, co-ins and inpatient Notification may apply.
If you have a recovery or other special health needs	Home health care	0% co-ins, after deductible	0% co-ins, after deductible	Limited to 40 visits for skilled care service per calendar year. Prenotification required non-network.
	Rehabilitation services	\$30 copay per outpatient visit	30% co-ins	In and Out of Network benefits are unlimited.
	Habilitation services	Not Covered	Not Covered	No coverage for Habilitation services.
	Skilled nursing care	0% co-ins, after deductible	0% co-ins, after deductible	Limited to 60 days per calendar year, (limit is combined with IP Rehabilitation Services). Prenotification required non-network.
	Durable medical equipment	10% co-ins	30% co-ins	Prior-notification required for DME over \$1,000 or no coverage.
	Hospice service	0% co-ins, after deductible	0% co-ins, after deductible	Inpatient pre-notification required for non-network.
If your child needs dental	Eye exam	Not Covered	Not Covered	No coverage for Eye exam.



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Common	Sorvices Vou May Need	Your cost if you use a		Limitations 9 Evacations
Medical Event	Services You May Need	Network Provider	Non-Network Provider	Limitations & Exceptions
or eye care	Glasses	Not Covered	Not Covered	No coverage for Glasses.
	Dental check-up	Not Covered	Not Covered	No coverage for Dental check-up.

#### **Excluded Services & Other Covered Services**

Excluded Sci Vices & Other Govered Sci Vices				
Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)				
Cosmetic Surgery	Glasses	Non-emergency care when traveling outside the		
Dental Care (Adult/Child)	Habilitation Services	U.S.		
, ,	Long-term care	Routine eye care		
	3	Routine foot care		
		Weight Loss Programs		
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)				
<ul> <li>Hearing aids - may be covered with limitations</li> </ul>	Infertility Treatment – may be covered with	Private-duty nursing (outpatient basis)		
Acupuncture	limitations			
Bariatric Surgery, if member covered on plan for at				
least 2 years				



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### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or visit <a href="http://www.dol.gov/ebsa">http://www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or visit <a href="http://www.cciio.cms.gov">http://www.cciio.cms.gov</a>.

### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal or file a grievance. For questions about your rights, this notice, or assistance, you can contact your human resource department or the Employee Benefits Security Administration at 1-866-444-3272 or visit <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>.

Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> and <a href="https://www.dol.gov/ebsa/healthreform">http://www.dol.gov/ebsa/healthreform</a> and <a href="https://www.dol.gov/ebsa/healthreform">https://www.dol.gov/ebsa/healthreform</a> and <a href="https://www.dol.gov/ebsa/heal



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Total

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby (normal delivery) Amount owed to providers: \$7,540 **Plan Pays** \$ 6,240 Patient Pays \$ 1,300 Sample care costs: Hospital charges (mother) \$2,700 Routine obstetric care \$2,100 Hospital charges (baby) \$900 Anesthesia \$900 Laboratory tests \$500 Prescriptions \$200 Radiology \$200 Vaccines, other preventive \$40 Total \$7,540 Patient pays: **Deductibles** \$400 Co-pays \$300 Co-insurance \$400 Limits or exclusions \$200

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	Managing type 2 diabet (routine maintenance of a well-controlled condition	
	<ul><li>☐ Amount owed to providers: \$5,40</li><li>☐ Plan Pays \$ 4,320</li><li>☐ Patient Pays \$ 1,080</li></ul>	00
	Sample care costs:	
,700	Prescriptions	\$2,900
,100	Medical Equipment and Supplies	\$1,300
\$900	Office Visits and Procedures	\$700
\$900	Education	\$300
\$500	Laboratory tests	\$100
\$200	Vaccines, other preventive	\$100
\$200	Total	\$5,400
\$40		
,540		
	Patient pays:	
	Deductibles	\$400
\$400	Co-pays	\$500
\$300	Co-insurance	\$100

Limits or exclusions

**Total** 

\$1,300

Coverage Period: 01/01/2013-12/31/2013

\$80

\$1,080

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## **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and co-insurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## Does the Coverage Example predict my own care needs?

**★** <u>No</u>. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

➤ <u>No</u>. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ <u>Yes.</u> When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides

# Are there other costs I should consider when comparing plans?

✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as co-payments, deductibles, and co-insurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Questions: Call 1-800-964-8824 or visit <a href="www.myuhc.com">www.myuhc.com</a>. If you aren't clear about any of the terms used in this form, see the Glossary.

You can view the Glossary at <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or call the phone number above to request a copy. This is only a summary.

It in no way modifies your benefits as described in your plan documents. Please refer to your plan documents provided by your employer for complete terms of this plan.